



DIY

DIFFUSER OIL

An easy low cost recipe where you can refill an empty diffuser.

Ingredients

- Carrier oil (such as Sunflower oil that has a low scent)
- 10 - 20 drops of essential oil

Equipment

- Vase, small bottle or empty diffuser
- Bamboo skewers

Method

1. Add ingredients into the bottle or old vase and gently mix.
2. Choose the size skewer to fit the container, they need to extend past the top of the container by half as this is where the smell radiates from.
3. Trim the point off one of the bamboo skewers and place into the container. Enjoy.