



DIY PLAY DOUGH

Ingredients

- $\frac{3}{4}$ cup plain flour
- $\frac{1}{4}$ cup cornflour
- $\frac{1}{4}$ cup salt
- 2 teaspoons cream of tartar
- 1 tablespoon vegetable oil
- $\frac{3}{4}$ cup water
(cold is ok but boiling water typically results in a smoother mixture)
- Tempera paint or food colouring of your choice

Directions

1. Mix the flours, salt and cream of tartar in a large bowl.
2. Add the water and oil, mixing with a spoon until the mixture has cooled enough to knead with hands.
3. Separate the dough into smaller balls, these will each be a different colour.
4. Make an indent a dough ball and add drops of colouring, before folding the dough in on itself until the colour is consistent throughout. Repeat for the remaining balls and colours.
5. Store in a jar or sealed container.



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Tips

- The play dough should last about 3 months, as long as you use the cream of tartar.
- Using boiling water typically results in a smoother and longer lasting mixture but care should be taken when pouring and mixing the water to avoid accidents.
- Compost the play dough at the end of its life or bury it in the garden.
- DIY play dough is a great low waste party activity or party favour (simple add a couple balls of different colours into a jar and decorate or label as you see fit).
- Create a nature inspired play dough creature by adding compostable decorations to your dough – gum nuts, leaves, flowers and twigs.
- Try colouring with DIY natural colours – turmeric, blueberries, red cabbage, coffee, pumpkin powder and spinach can be used either directly as a dye or boiled down to make a dye.
- The above recipe makes enough dough for about 2 party favours (each with 2 small balls of two colours in a jar). When sourced packaging free from a local zero-waste store, the ingredients for the recipe are a very cost effective activity, gift or party favour.