

# Support Services



## Food

### Ellenbrook Meals

Carpark near Coolamon Pavilion,  
Bonney Lane, Ellenbrook

🕒 6-7.30pm daily

### Ellenbrook Community Pantry

Ellenbrook Arts, 34 Main Street, Ellenbrook

🕒 10am-2pm Thursday

### Brockman Community House

181 Altone Road, Beechboro

- 🕒 Food assistance – 11.30am Monday and Thursday
- 🕒 Vegetarian meals – 4.30pm Wednesday

### Salvation Army

371-373 Morrison Road, Swan View

- 🕒 Food assistance – 10am Tuesday
- 🕒 Friends Café – 9am Thursday

### Foodbank

313/80 Maffina Parade, Ellenbrook

🕒 10.45-11.30am Tuesday

### Gracelife Church

66 Woodlake Boulevard, Ellenbrook

🕒 11.30am-12.15pm Tuesday



## Laundry

### Ellenbrook Youth Centre

(for people under 25)  
7 Plaza Turn, Ellenbrook

🕒 9am-6pm weekdays

### Orange Sky - Midland Meals

52 Morrison Road Midland

🕒 6-8pm Saturday and Sunday



See other side for more  
Midland services



## Showers

### Swan Active Beechboro

332 Benara Road, Beechboro

🕒 9.30am-2pm Monday-Friday

### Swan Active Midland

27 Gray Drive, Midvale

🕒 9.30am-2pm Monday-Friday

### Ellenbrook Youth Centre

(for people under 25)  
7 Plaza Turn, Ellenbrook

🕒 9am-6pm weekdays



## Medical

### Midland Urgent Care Clinic

40 Great Northern Highway, Midland

🕒 9274 2771

🕒 8am-7pm Monday-Friday  
8am-6pm Saturday, Sunday  
and Public Holidays

### Street Doctor at Karnany Resource Centre

25 Spring Park Road, Midland

🕒 9376 9200

🕒 9am-12noon Tuesday

### St John of God Hospital

1 Clayton Street, Midland

🕒 9462 4000

### Derbarl Yerrigan Health Service

(Aboriginal health clinic)  
Railway Workshop 1,  
6 Centennial Place Midland

🕒 1300 420 272

🕒 9am-5pm weekdays



## Mental health

### Lifeline

🕒 13 11 14

### Head to Health

23 Old Great Northern Highway, Midland

🕒 1800 595 212

### Headspace (for people aged 12-25)

64 Morrison Road, Midland

🕒 9274 8860

### Wungening

(alcohol and other drugs support)  
18 Helena Street, Midland

🕒 6330 7070

### Holyoake

(alcohol and other drugs support)  
4 Stafford Street, Midland

🕒 9274 7055



## Family and domestic violence

### Midland Women's Health Care Place

24 Junction Parade, Midland

🕒 9250 2221

### Koolkuna (refuge)

🕒 9274 7545

### Centrecare Midland

45 Yelverton Drive, Midland

🕒 9436 0600

### Sexual Assault Resource Centre

🕒 1800 199 888 or 6458 1828

### Relationships Australia

27 The Crescent, Midland

🕒 6164 0480

### 1800 Respect

🕒 1800 737 732

### Family Violence Service at Midland Magistrates Court

24 Spring Park Road, Midland

🕒 1800 600 476

🕒 9am-4pm Mondays and Thursdays



## Housing

### Entry Point

🕒 6496 0001 or 1800 124 684

### Crisis Care

🕒 1800 199 008

### Indigo Junction

25 Spring Park Road, Midland

🕒 9274 7929

### Rise Network

41A Great Northern Highway,  
Middle Swan

🕒 6274 3700

### Allawah Grove Hostel (medical hostel)

133 Great Eastern Highway,  
South Guildford

🕒 6109 2030

### St John of God Health Care – Horizon House

(for pregnant women aged 16 -22)

🕒 9276 6948



## Free Wi-Fi and charging stations

### City of Swan public libraries

#### Ballajura

Kingfisher Avenue and Illawarra  
Crescent South, Ballajura

#### Beechboro

332 Benara Road, Beechboro

#### Bullsbrook

Ethel Warren Community Centre,  
Marouba Avenue, Bullsbrook

#### Ellenbrook

90 Main Street, Ellenbrook

#### Gidgegannup

4/2125 Toodyay Road, Gidgegannup

#### Guildford

97 James Street, Guilford

#### Midland

45 Helena St, Midland



## Legal and finance

### Midlas

Midland: 12 Old Great Northern Highway  
Ellenbrook: Suite 3 1/38 Main Street

🕒 9250 2123

### Street Law Centre

Karnany Engagement Hub,  
25 Spring Park Road, Midland

🕒 1800 752 992

🕒 9am-12noon Tuesday

### Centrelink

15 Keane Street, Midland

🕒 13 24 68

### Blue Sky Group

34 Diana Crescent, Lockridge

🕒 9376 9999



## Children and family support

### Midvale Hub

33 Wellaton Street, Midvale

🕒 9274 5101

### CLAN Midland

36A Mathoura Street, Midland

🕒 9250 6335

### Brockman House

181 Altone Road, Beechboro

🕒 9279 1588

### Centrecare

45 Yelverton Drive, Midland

🕒 9436 0600

### Ngala

Level 1, Suite 3, 38 Main Street, Ellenbrook

🕒 9368 9309



## Youth services

### Indigo Junction Youth Services

53 Great Northern Highway, Midland

🕒 9274 1611

### Swan City Youth Service

12 Padbury Terrace, Midland

🕒 9274 3488

### Altone Youth Centre (Youth Futures)

332 Benara Road, Beechboro

🕒 9377 4022

### The Bullseye Youth Centre (Bullsbrook)

3 Maroubra Avenue, Bullsbrook

🕒 9377 4022

### Ellenbrook Youth Centre

7 Plaza Turn, Ellenbrook

🕒 9207 8582

### Parkerville

1 Watertank Way, Midland

🕒 9235 7000

### Kids First Australia

1 Kingfisher Way, Ballajura

🕒 9249 8601

### Stratton Edge Youth Centre Youth Centre

17 Jecks Place, Stratton

🕒 9250 8547

## Emergency contacts

### Emergency police/fire/ambulance

🕒 000

### Non-emergency police

🕒 131 444

### Mental Health Emergency Response Line

🕒 1300 555 788

### Lifeline: Crisis support, suicide prevention

🕒 13 11 14

### Suicide Call Back Service

24/7 telephone counselling

🕒 1300 659 467

### Crisis Care

🕒 1800 199 008

# Midland services



## Monday

-  **Information and referral**  
**Karnany Engagement Hub – 8.30am-4.30pm**  
Indigo Junction, 25 Spring Park Road, Midland  
 **9274 7929**
-  **Free community meals**  
**Midland Meals – 6-8pm**  
52 Morrison Road, Midland
-  **Low cost food**  
**Dreambuilders – 9.30am-4pm**  
334 Great Eastern Highway, Midland
-  **Laundry**  
**Karnany Engagement Hub – 9am-4pm**  
Indigo Junction, 25 Spring Park Road, Midland
-  **Toilets and showers**  
**Karnany Engagement Hub – 9am-4pm**  
Indigo Junction, 25 Spring Park Road, Midland  
**Dreambuilders – 10am-3pm**  
334 Great Eastern Highway, Midland

## Tuesday

-  **Information and referral**  
**Karnany Engagement Hub – 8.30am-4.30pm**  
Indigo Junction, 25 Spring Park Road, Midland  
 **9274 7929**
-  **Free Community Meals**  
**Midland Meals – 6-8pm**  
52 Morrison Road, Midland  
**Dreambuilders – 6-7pm**  
334 Great Eastern Highway, Midland
-  **Free/low cost food**  
**Dreambuilders – 9.30am-4pm**  
334 Great Eastern Highway, Midland
- Karnany Engagement Hub Foodbank – Afternoon**  
Indigo Junction, 25 Spring Park Road, Midland
-  **Street Doctor**  
**Karnany Engagement Hub – 9.00am-1.30pm**  
Indigo Junction, 25 Spring Park Road, Midland
-  **Laundry**  
**Karnany Engagement Hub – 9am-4pm**  
Indigo Junction, 25 Spring Park Road, Midland
-  **Toilets, showers and laundry**  
**Karnany Engagement Hub – 9am-4pm**  
Indigo Junction, 25 Spring Park Road, Midland  
**Dreambuilders – 10am-3pm**  
334 Great Eastern Highway, Midland

## Wednesday

-  **Information and referral**  
**Karnany Engagement Hub – 8.30am-4.30pm**  
Indigo Junction, 25 Spring Park Road, Midland  
 **9274 7929**
-  **Free community meals**  
**Midland Meals – 6-8pm**  
52 Morrison Road, Midland
-  **Low cost food**  
**Dreambuilders – 9.30am-4pm**  
334 Great Eastern Highway, Midland
-  **Laundry**  
**Karnany Engagement Hub – 9am-4pm**  
Indigo Junction, 25 Spring Park Road, Midland
-  **Toilets and showers**  
**Karnany Engagement Hub – 9am-4pm**  
Indigo Junction, 25 Spring Park Road, Midland  
**Dreambuilders – 10am-3pm**  
334 Great Eastern Highway, Midland

## Thursday

-  **Information and referral**  
**Karnany Engagement Hub – 8.30am-4.30pm**  
Indigo Junction, 25 Spring Park Road, Midland  
 **9274 7929**
-  **Free community meals**  
**Midland Meals – 6-8pm**  
52 Morrison Road, Midland  
**Dreambuilders – 8-9.30am and 6-7pm**  
334 Great Eastern Highway, Midland
-  **Low cost food**  
**Dreambuilders – 9.30am-4pm**  
334 Great Eastern Highway, Midland
-  **Laundry**  
**Karnany Engagement Hub – 9am-4pm**  
Indigo Junction, 25 Spring Park Road, Midland  
**Dreambuilders – 10am-3pm**  
334 Great Eastern Highway, Midland
-  **Toilets and showers**  
**Karnany Engagement Hub – 9am-4pm**  
Indigo Junction, 25 Spring Park Road, Midland  
**Dreambuilders – 10am-3pm**  
334 Great Eastern Highway, Midland

## Friday

-  **Information and referral**  
**Karnany Engagement Hub – 8.30am-4.30pm**  
Indigo Junction, 25 Spring Park Road, Midland  
 **9274 7929**
-  **Free community meals**  
**Midland Meals – 6-8pm**  
52 Morrison Road, Midland  
**Dreambuilders – 6-7pm**  
334 Great Eastern Highway, Midland  
**Ascension Church - 10am-12pm**  
8 Spring Park Road, Midland
-  **Low cost food**  
**Dreambuilders – 9.30am-4pm**  
334 Great Eastern Highway, Midland
-  **Laundry**  
**Karnany Engagement Hub – 9am-4pm**  
Indigo Junction, 25 Spring Park Road, Midland
-  **Toilets and showers**  
**Karnany Engagement Hub – 9am-4pm**  
Indigo Junction, 25 Spring Park Road, Midland  
**Dreambuilders – 10am-3pm**  
334 Great Eastern Highway, Midland

## Saturday

-  **Free community meals**  
**Midland Meals 6-8pm**  
52 Morrison Road, Midland
-  **Laundry**  
**Orange Sky at Midland Meals**  
52 Morrison Road, Midland

## Sunday

-  **Free community meals**  
**Midland Meals 6-8pm**  
52 Morrison Road, Midland
-  **Laundry**  
**Orange Sky at Midland Meals**  
52 Morrison Road, Midland

