

A photograph showing several small, round, silver metal tins of lip balm, some open and some closed, arranged on a light-colored wooden surface. In the background, there are several pieces of yellow beeswax, some in the shape of a honeycomb. The text 'DIY LIP BALM' is overlaid on the left side of the image in a white, distressed font on a dark green background.

# DIY LIP BALM

A very easy, low cost lip balm that you can also use on your nails to give them a natural shine.

## Ingredients

- 1 tbsp coconut oil
- 1 tbsp beeswax
- 1 tbsp olive oil
- 10 drops of favourite essential oil (optional)

## Equipment

- Clean container/jar
- 2 saucepans for double boiling

## Method

1. Put water in the larger saucepan and boil.
2. Place the second smaller saucepan on top of the boiling water (to create a double boiler) and adding all ingredients except the essential oil.
3. Once ingredients are heated and mixed, remove saucepan from heat.
4. Add in the essential oils then pour into the clean container or jar.
5. Cool before using.