

# MAKE YOUR OWN BEESWAX WRAPS

## INSTRUCTIONS

### MATERIALS AND EQUIPMENT



**Electric frypan  
(or frypan and stove)**



**Food grade  
beeswax**



**Pine resin  
(also called gum resin)**



**Coconut oil**



**Cotton cloth**



**Tongs, scissors, kitchen scales**

### STEPS

- 01 Cut fabric to desired size
- 02 Melt together in the frypan: 50g beeswax, 1 tablespoon coconut oil and 1 tablespoon pine resin
- 03 Dip fabric into mixture until well soaked
- 04 Use tongs to pick up two corners and lift out
- 05 Air dry by waving gently
- 06 Once no longer dripping, place it somewhere suitable to finish drying

### TIPS

- Wraps can be made without resin, however, it adds a bit of stickiness so that the wraps stay folded and don't require elastic bands to hold them down.
- The ingredients are food grade and not harmful so you can use your cooking frypan to make it. To clean the frypan, wait for it to cool down slightly and while still warm, use a cloth to wipe it out.
- You can make beeswax wraps in the oven or using an iron. However, dipping the cloth into the mixture ensures the cloth is full soaked which makes it more waterproof and longer lasting.